

# Lake Grove Wellness

## New Client Intake Form

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Patient Name (First and Last) \_\_\_\_\_ Date of Birth \_\_\_\_\_

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Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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Phone \_\_\_\_\_ Occupation \_\_\_\_\_

### **Medical Information:**

Do you have any allergies? \_\_\_\_\_

Are you currently taking any medications? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please list name and reason for medication: \_\_\_\_\_

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Are you currently seeing a healthcare professional? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please list their name and reason for treatment: \_\_\_\_\_

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Please review this list and check those conditions that have affected your health either recently or in the past. Place a check mark next to the condition.

- |  |   |   |  |  |
|--|---|---|--|--|
| <input type="checkbox"/> arthritis               | <input type="checkbox"/> diabetes                 | <input type="checkbox"/> blood clots          | <input type="checkbox"/> diverticulitis      | <input type="checkbox"/> headaches/migraines |
| <input type="checkbox"/> broken/dislocated bones | <input type="checkbox"/> bruise easily            | <input type="checkbox"/> cancer               | <input type="checkbox"/> heart condition     | <input type="checkbox"/> back problems       |
| <input type="checkbox"/> chronic pain            | <input type="checkbox"/> hepatitis (A,B,C, other) | <input type="checkbox"/> skin condition       | <input type="checkbox"/> high blood pressure | <input type="checkbox"/> insomnia            |
| <input type="checkbox"/> stroke                  | <input type="checkbox"/> recent surgery           | <input type="checkbox"/> muscle strain/sprain | <input type="checkbox"/> scoliosis           | <input type="checkbox"/> seizures            |
| <input type="checkbox"/> whiplash                | <input type="checkbox"/> TMJ                      | <input type="checkbox"/> depression           | <input type="checkbox"/> pregnancy           |  |

If any of the above needs to be detailed, please share: \_\_\_\_\_

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How did you hear about Lake Grove Wellness? \_\_\_\_\_

### **Massage Information:**

Have you ever received massage therapy? \_\_\_\_\_ Yes \_\_\_\_\_ No

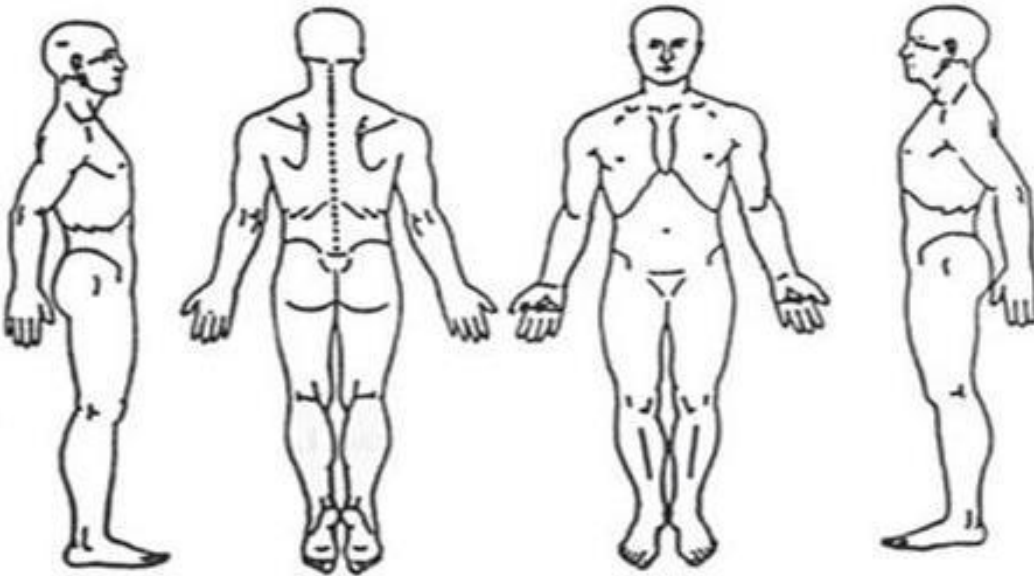
What type of massage are you seeking? Relaxation Therapeutic/Deep Tissue Sports

What pressure do you prefer? Light Medium Deep

Are there any areas you do not want massaged? \_\_\_\_\_

What are your goals for this treatment session? \_\_\_\_\_

**Please circle any areas of discomfort:**



Explain any conditions you have marked above: \_\_\_\_\_

By signing below you agree to the following: I have completed this form to the best of my ability and knowledge and agree to inform my therapist if any of the above information changes at any time.

Your appointment time is reserved exclusively for you. Please be on time. Please cancel 24 hours in advance of that time to avoid a cancellation fee. The cancellation fee amount is at the discretion of Lake Grove Wellness.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_